

Ripe Red Berries

Living on less...

Beautifully and Simply.

Simple Egg Salad

7-8 eggs hard boiled

2 heaped spoonfuls mayonnaise

1 teaspoon english mustard

course salt and freshly ground pepper to taste

Peel and smash eggs with masher.

Add mayonnaise, mustard.

Mix until blended.

Add salt and pepper to taste.

Serve on sliced bread, rolled in a tortilla or on a Portuguese roll.

Don't forget to include fresh greens too!

